

SYKE

Syventävä keskustelu

In-depth Conversation

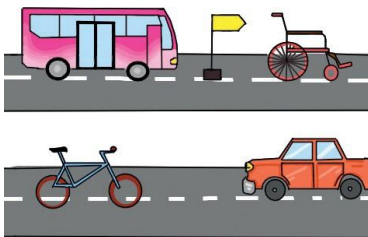
studying



job



transport



family relations



friendships



finances



sleep and rest



eating



exercise



substances



chores



running errands



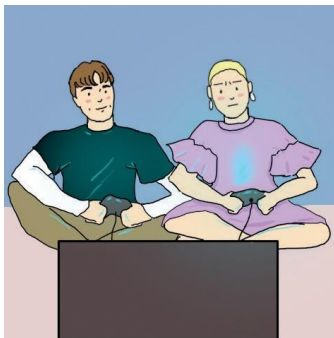
phone and social media



time management



gaming



agreements and rules



flow of information



problem situations



holiday



the past



the future



taking care of yourself





excited



pleased



happy



sad



nervous



scared



disgusted



unable to speak



angry



<i>conversation</i>	<i>behaviour</i>	<i>becoming acquainted</i>
<i>participation</i>	<i>relationship and dating</i>	<i>expressing emotions</i>
<i>expressing needs</i>	<i>being heard</i>	<i>feedback</i>
<i>roles</i>	<i>cooperation</i>	<i>belonging to a group</i>
<i>respect</i>	<i>support network</i>	

<i>own appearance</i>	<i>own body</i>	<i>physical well-being</i>
<i>mental well-being</i>	<i>controlling emotions</i>	<i>senses</i>
<i>gender identity</i>	<i>sexuality</i>	<i>puberty</i>
<i>self-esteem</i>	<i>motivation</i>	<i>concentration</i>
<i>creativity</i>	<i>ability to cope</i>	<i>relaxation</i>
<i>changes and transitions</i>		

<i>visual arts</i>	<i>music</i>	<i>crafts and handicraft</i>
<i>sports</i>	<i>gaming</i>	<i>reading and writing</i>
<i>animals</i>	<i>technology and building</i>	<i>nature</i>
<i>travel</i>	<i>hanging out</i>	<i>films and theatre</i>
<i>ideology and religion</i>	<i>organizational activities</i>	<i>culture</i>

